TIFFANY STADLER

M.Ed in School Counseling, LPC Intern YOUR Journey Counseling Services, LLC YourJourneyCounselingServices@gmail.com www.YourJourneyCounselingServices.com 852 SW 15th St. Redmond, OR 97756 541-527-5774

PROFESSIONAL DISCLOSURE STATEMENT

This statement is for your information and protection. It provides information regarding my approach to counseling, education, training, and credentials, your rights as a client, and my fees.

APPROACH TO COUNSELING: As a Professional Counselor Intern, it is my desire to utilize various approaches and techniques in order to best serve the needs of each client. I utilize attachment theory, emotionally focused therapy, client centered therapy, strength based therapy, motivational interviewing, cognitive behavioral therapy, and collaborative problem solving. I offer individual, family, and group counseling sessions in a variety of settings both in the office and outdoors. I also offer equine assisted learning activities, equine assisted psychotherapy, and experiential counseling options to clients who would benefit from this form of counseling.

I practice under the code of ethics established by the Oregon Board of Licensed Professional Counselors.

<u>EDUCATION:</u> As a Professional Counselor Intern, I am currently working towards licensure. I hold a Bachelors of Arts degree in Psychology with an emphasis in Criminal Justice. I obtained my Master of Education in School Counseling from Lewis & Clark College, and will be continuing to pursue courses in equine therapy, trauma, mental health, as well as marriage and family counseling to expand my knowledge while working towards licensure.

<u>SUPERVISION</u>: As a Professional Counselor Intern, I am actively being supervised by Randy Krieger, LPC. As such, there may be times when Randy Krieger may be involved in giving professional direction or guidance in between sessions. Randy may be contacted at 503-327-4049.

<u>CLIENT RIGHTS:</u> As a client, you are rightfully entitled

- To expect that a Licensee has met the minimal qualifications of training, supervision and experience required by law.
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee.
- To obtain a copy of the Code of Ethics. http://www.oregon.gov/OBLPCT/web-coe.shtml
- To report complaints to the Board.

- To be informed of the cost of professional service before receiving the service.
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions to confidentiality of information obtained in the course of services that include the following:
- 1) Reporting suspected abuse of a child, developmentally disabled person, or a dependent adult
- 2) Reporting imminent danger to client or others
- 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies
- 4) Providing information concerning licensee case consultation or supervision
- 5) Defending claims brought by client against licensee.
- To be free from being the object of discrimination on the basis of race, religion, gender or other unlawful category while receiving services.

<u>FEES:</u> Rates and payment arrangements will be determined at the time of scheduling or appointment with rates usually ranging between \$45 - \$125 for a 50 min session. I will work with those that cannot afford to pay this rate as I believe finances should never be a deterrent for seeking help.

<u>CANCELLATION POLICY:</u> Clients are expected to contact the counselor at least 24 hours in advance to cancel or reschedule an appointment. Full fees may be charged for missed sessions.

EMERGENCY SERVICES: If in need of emergency services, the client should call a crisis line (800) 875-7364, or call 911, or go to the nearest emergency room.

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ACKNOWLEDGEMENT OF RECEIPT: 1	I/We,	, have
read and fully understand the information p	rovided to me by Tiffany Stadler in	her Professional
Disclosure Statement.		
Client/Guardian Signature	Date	_
Client/Guardian Signature	Date	_
Counselor Signature		_

For further information about this intern you may contact:

You may contact the Oregon Board of Licensed Professional Counselors and Therapists at: 3218 Pringle Rd, SE #120, Salem, OR 97302 Phone: (503) 378-5499
Website: www.oregon.gov/OBLPCT Email: lpct.bpard@state.or.us